






















Understanding

challenging behaviors

Name: _____

	Monday	Tuesday	Wednesday	Thursday	Friday
Large group					
Morning					
Lunch					
Afternoon					


Preschool Ponderings
created by Erin Holleran
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Using this set to track behaviors

The first step in changing challenging behaviors is to determine WHY they're happening. While we may never have a full understanding of what's behind these behaviors, it is possible to identify triggers and work to eliminate those – or support a child in dealing with them.

The images on these charts are meant to be colored in when a child completes a period of time without displaying the specific behavior that you're working on. For example, if a child is having trouble keeping their hands to themselves, and their able to do this during large group time, then this image would be colored in for that day. At the end of the week you should be able to identify some helpful patterns. If all of the images are colored in for the afternoon, then what is it about the afternoon that works well for this child? You can use the included reflection sheet to work through these patterns.

Name: _____

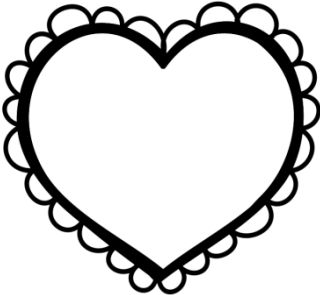
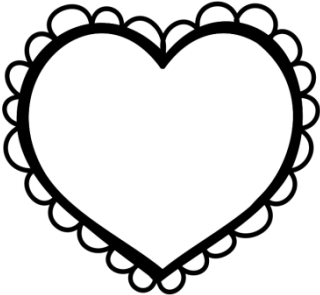
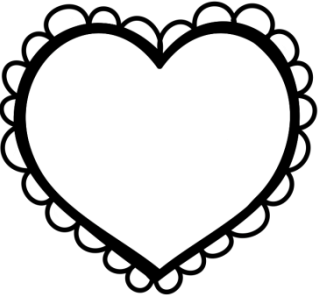
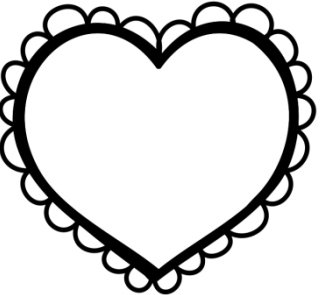
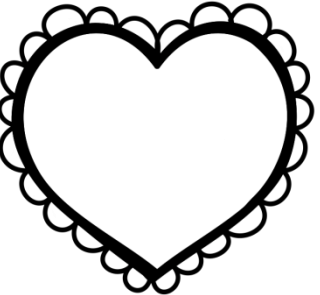
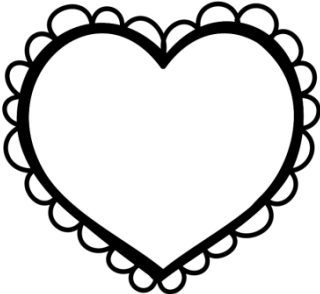
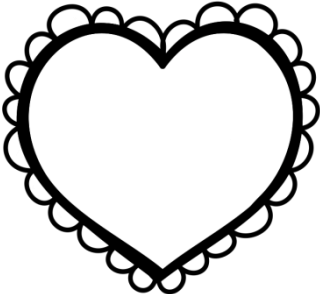
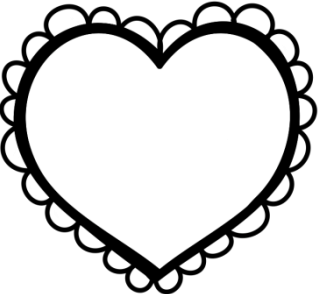
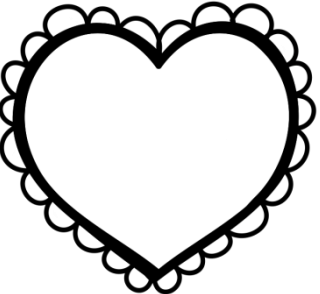
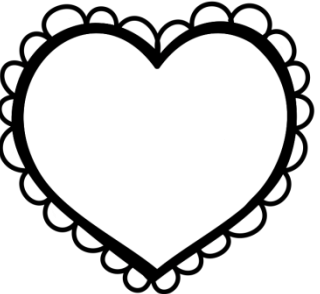
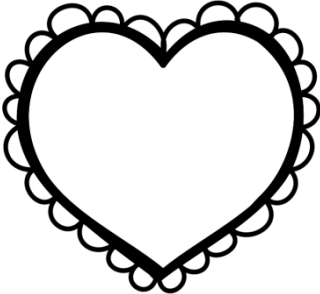
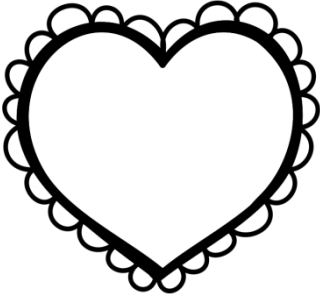
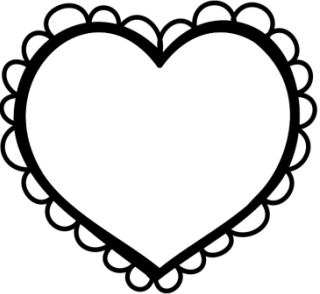
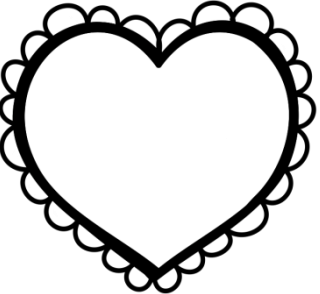
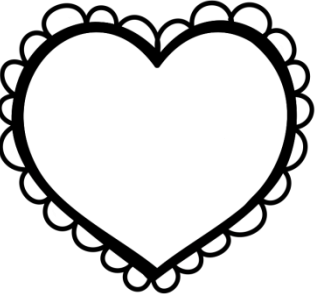
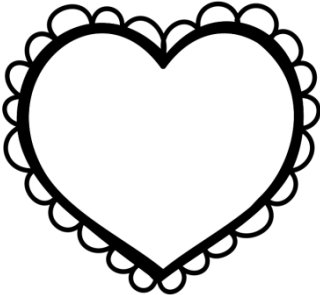
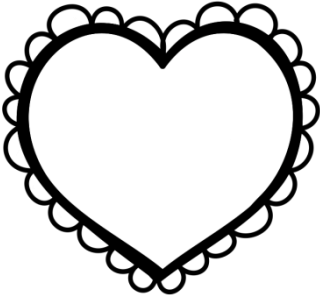
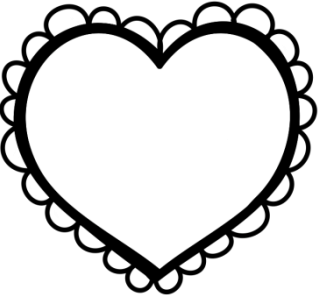
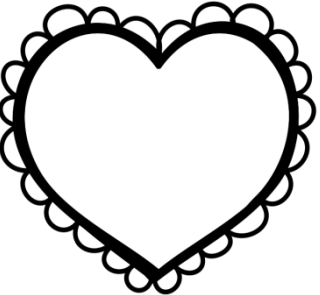
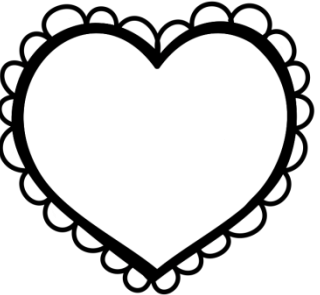
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There are different image charts for each month of the year. You can print the one that aligns with where you are when you need to track these behaviors, or you can use a different image for each child to help keep things organized.

The hope is that you'll only have to use these short-term, in order to pinpoint those patterns – but they can be used long-term, or once you've got a better understanding of one behavior then you can use them to do the same with a different behavior.

Once interventions have been put in place, these charts can also be used to get a better understanding of how those interventions are working, and what might need more attention.

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Reflection

Is there a time during the day where this behavior is not a challenge?

What are some of the factors that make this time period easier?

What seems to be the most difficult part of the day?

Are there any specific triggers that attribute to this?

How might you increase the positive factors and decrease those that seem to be more of a challenge?

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Tips for using this set:

This product uses graphics from these amazing artists:



Challenging behaviors can impact every aspect of the classroom environment and community. This behavior management tool will help you observe these behaviors so that you can pinpoint patterns and reflect on these in order to begin developing interventions. This is the first step in the process that will not only give you a better understanding of the factors impacting these behaviors, but will also serve as a tool that you can use to evaluate the interventions themselves as you implement them.

If you like this product you might also be interested in these:



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